

KEEP PRAYING

LENT – JESUS, WITH US THROUGH THE WILDERNESS



'I am making a way in the wilderness and rivers in the desert' (Isaiah 43:19, NRSV)

Jesus, our accompanier:

- As we walk unfamiliar paths, keep us mindful of those we walk with, showing love and speaking life.
- Reassure us that our wanderings are not wasted but filled with possibility; Sharpen our senses to notice what is before us.
- As the wilderness exposes us to uncomfortable truths about ourselves, soften our hearts and renew us.
- Increase resilience in those who are grieving, fatigued or depleted; strengthen us all to bear one another's burdens.
- Heal the bruised hearts of those whose care and sense of duty takes them to risky places.
- Cause new hope to spring up for all whose livelihoods have been cut off because of pandemic and lockdown.
- Give courage to your church as we face uncompromising terrain and discern new pathways that you are inviting us to explore.





Diocese of Canterbury

CHANGED LIVES ☉ CHANGING LIVES

**Jesus, with us through the wilderness,
Be with us as we wrestle with loss,
Be with us when we lose our footing,
Be with us as relentless days cycle round and
round,
Be with us as we face uninvited reality and
uncomfortable truth,
Be with us to reveal something new,
Show us the water flowing right under our feet
Amen.**

In this season of Lent, each time you drink a glass of water, make it a physical prayer for God's Spirit to bring refreshment to dry places – in you, in your church and in your local community.

How might the hard ground of apathy, disillusionment, pride and division be broken through, within us and our churches, to allow fresh streams of living water to flow?

For more information about Keep Praying, visit canterburydiocese.org/keep-praying.

To sign up for regular updates from the Changing Lives Prayer Network, visit canterburydiocese.org/prayer or email lbywater@diocant.org

Image: Jesus with us through the wilderness, Primrose Northrop, watercolour 2021